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<b>Holy Trinity Church (HT)</b> <b>Collection: \$ 143.00</b>	<b>St. Columbkil Church (SC)</b> <b>Collection: \$ 1,046.00</b>	<b>St. Mary Church (SM)</b> <b>Collection: \$ 1,537.00</b>
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**Stations of the Cross during Lent:** Sundays after the Holy Mass at St. Columbkil, Mondays at 6:00pm at St. Mary, and Wednesdays at 7:00pm at Holy Trinity. Let us console the Heart of Jesus and walk with our suffering Savior!

**Please pray** for the repose of the soul of longtime Holy Trinity parishioner, Karleen Franklin, who passed away recently. Her burial was held at St. Columbkil on February 19. *“Eternal rest grant unto Karleen, O Lord, and let perpetual light shine upon her. May she rest in peace. Amen. May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.”*

**The Catholic Daughters** will be meeting on Monday, February 22, at Holy Trinity Church in Goodhue, gathering at 6:30pm with meeting starting at 7:00pm. If you would like to participate via Zoom, please contact Beth Arendt for the log in info. If you have any questions about CDA or would like info on joining our Court, please contact Beth at 507-272-5829.

**Kitui Water Bottle Collection:** This year there will again be a collection to provide water security to those in the diocese of Kitui, Kenya. Please pick up a bottle; fill with change, currency, or a check; and return by the end of Lent.

**Meal-in-a-Bucket:** Pick up your orders this weekend and enjoy! Thanks for all your support.

**Shoes for the Missions:** There is a basket in the entry at St. Mary’s to collect gently used shoes for foreign missions. All types and sizes are needed, from babies to adults. Please help them to reach their goal of 2,500 in two months! No slippers please.

**Holy Hour for Men:** Sunday, February 21, at 6:30pm at the Church of St. Michael, Pine Island. All men are invited!

**Fish Fry:** Friday, Feb. 26, at St. Pius V Catholic Church in Cannon Falls. Online pre-order only at [www.stpiusvcf.org](http://www.stpiusvcf.org) (near the top of the home page, click on “Fish Fry Online Ordering”). Curbside pick-up (Lower Level) 4:30pm to 7pm - \$10 per meal.

**Words to Live By:** “Expect temptation to your last breath.” *St. Anthony the Great*

“Sufferings gladly borne for others convert more people than sermons.” *St. Thérèse of Lisieux*

“Fly from bad companions as from the bite of a poisonous snake.” *St. John Bosco*

“When God forgives a sinner who humbly confesses his sin, the devil loses his dominion over the heart he had taken.” *St. Bernard of Clairvaux*

“You can’t do God’s work without suffering.” *St. Mother Teresa*

“Let the enemy rage at the gate; let him knock, pound, scream, howl; let him do his worst. We know for certain that he cannot enter our soul except by the door of our consent.” *St. Francis de Sales* - “Sin is the assassin of the soul.” *St. John Vianney*

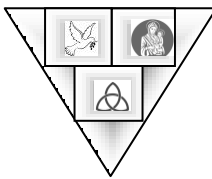
**Prayer is the light of the soul :** Prayer and converse with God is a Supreme Good: it is a partnership and union with God. As the eyes of the body are enlightened when they see light, so our spirit, when it is intent on God, is illumined by His Infinite Light. I do not mean the prayer of outward observance but prayer from the heart, not confined to fixed times or periods, but continuous throughout the day and night. Our spirit should be quick to reach out toward God not only when it is engaged in meditation; at other times also, when it is carrying out its duties, caring for the needy, performing works of charity, giving generously in the service of others, our spirit should long for God, and call Him to mind, so that these works may be seasoned with the salt of God’s Love, and so make a palatable offering to the Lord of the universe. Throughout the whole of our lives we may enjoy the benefit that comes from prayer if we devote a great deal of time to it.

Prayer is the light of the spirit, true knowledge of God, mediating between God and man. The spirit, raised up to Heaven by prayer, clings to God with the utmost tenderness; like a child crying tearfully for its mother, it craves the milk that God provides. It seeks the satisfaction of its own desires, and receives gifts outweighing the whole world of nature.

Prayer stands before God as an honored ambassador. It gives joy to the spirit, peace to the heart. I speak of prayer, not words. It is the longing for God, love too deep for words, a gift not given by man but by God’s grace. The Apostle Paul says: *We do not know how we are to pray but the Spirit Himself pleads for us with inexpressible longings.*

When the Lord gives this kind of prayer to someone, He gives him riches that cannot be taken away, heavenly food that satisfies the spirit. One who tastes this food is set on fire with an eternal longing for the Lord: His Spirit burns as in a fire of the utmost intensity. Practice prayer from the beginning. Paint your house with the colors of modesty and humility. Make it radiant with the light of justice. Decorate it with the finest gold leaf of good deeds. Adorn it with the walls and stones of Faith and generosity. Crown it with the pinnacle of prayer. In this way you will make it a perfect dwelling place for the Lord. You will be able to receive Him as in a splendid palace, and through His grace you will already possess Him, His image enthroned in the temple of your spirit. *From a homily by St. John Chrysostom*

Holy Trinity Parish



# First Sunday of Lent

February 21, 2021

Holy Trinity Parish, 211 4<sup>th</sup> St. N, PO Box 275, Goodhue, MN 55027

Office/Emergency Phone: (651) 923-4472 Email: [holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com)

Parochial Administrator: Fr. Randal Kasel - [pastorholytrinitygoodhue@gmail.com](mailto:pastorholytrinitygoodhue@gmail.com)

Parochial Vicar: Fr. Thomas McCabe - [frmccabe@bevcomm.net](mailto:frmccabe@bevcomm.net)

Mission: *To grow closer to Christ and lead others to Him, striving to become saints.* Website: [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)

HOLY MASS SCHEDULE				
Sat.	5:30PM	HT	Feb. 20	+Dick Banidt
Sun.	8:45AM	SM	Feb. 21	Parishioners
	10:30AM	SC		+Francis McNamara
Mon.	8:00AM	SM	Feb. 22	+LaWanda Keller and family
Tues.			Feb. 23	
Wed.	8:00AM	HT	Feb. 24	Faith Formation students, teachers, & assistants
Thur.			Feb. 25	
Fri.			Feb. 26	
Sat.	5:30PM	HT	Feb. 27	+Mass for those listed in Red Memorial book
	8:45AM	SM		Parishioners
Sun.	10:30AM	SC	Feb. 28	+Dorothy McNamara

**Office Hours:** Wed. 10am-4pm at Holy Trinity.

**Parish building use request:** Call the office.

**Confession:** Sat. 5pm at Holy Trinity, Sun.

8:30am at St. Mary, or by appointment.

**Baptism:** Contact the office at least 3 months

before the birth to attend a class and set a date.

**First Penance/Eucharist:** Register for 2<sup>nd</sup> grade

Faith Formation classes.

**Confirmation:** Register for 9<sup>th</sup> and 10<sup>th</sup> grade

Faith Formation classes.

**Marriage:** Please call Father Kasel at least six

months prior to make arrangements.

**Anointing of the Sick:** Contact the office especially if serious or near death.

**Pastoral Care of the Sick:** If you move to a nursing home/care facility, would like a priest to visit, or are unable to attend

Mass and would like communion at home, contact the office.

**Funerals:** Contact the office.

**Mass Intentions:** Mail to the office or place in collection. (\$7/Mass suggested.) Indicate preferred date(s), if desired.

**Bulletin Items:** Email to [holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com) by Wednesday. The business office reserves the right to edit.

If interested in **becoming a member** (welcome!) or **becoming a Catholic**, contact the office.

**Archdiocese Victim Assistance Program Hotline:** (651) 291-4475

**Please pray for:** Vaughn & Therese Bien, Marcy Dilworth, Susan Brown, Peg Edel, Margaret Wagner, Maxine Ryan, Bob & Mary Heppelmann, Ed & Marge Heppelmann, Anne Merry, Carroll Bartholome, Lloyd Ryan, Ray Poncelet, Dave Buck, Scott Cyert, Jerry Joe Majerus, Jen Berg, Dorothy Arendt, Louise Heppelmann, Brent Hokanson, & Anne Skalicky.



**Behold the Lamb of God!**  
*Adoration of the Blessed Sacrament will be held every Monday at St. Mary from 6:30-9:00pm and every Wednesday at Holy Trinity from 9:00am-2:00pm. Come and spend some time with Jesus!*

Faith Formation	
<b>Grades 1-5:</b> Feb. 26: 12:15-1:45pm March 5: 12:15-1:45pm	<b>Grades 6-10:</b> Feb. 24: 7:30pm March 3: 7:30-8:30pm
<b>Grades 11-12:</b> Feb. 24: no class	

Calendar/Events			
Feb. 21	SC	After Holy Mass	Stations of the Cross
Feb. 21	St. Mi., PI	6:30PM	Men’s Holy Hour
Feb. 22	SM	6:00PM	Stations of the Cross
Feb. 22	SM	6:30-9:00PM	Adoration
Feb. 24	HT	9AM-2PM	Adoration
Feb. 24	HT	7:00PM	Stations of the Cross
Feb. 24	HT	7:30-8:30PM	Faith Formation grades 6-10
Feb. 26	HT	12:15-1:45PM	Faith Formation grades 1-5
Feb. 28	St. Mi., PI	6:00PM	Women’s Holy Hour

**Scripture Quote:** *“The Spirit immediately drove Him out into the wilderness. And He was in the wilderness forty days, tempted by Satan; and He was with the wild beasts; and the angels ministered to Him. Now after John was arrested, Jesus came into Galilee, preaching the gospel of God, and saying, ‘The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel.’” --Matthew 1:12-15*

## From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The month of February is dedicated to the Holy Family of Jesus, Mary and Joseph. Let us ask the Holy Family for the grace of renewed love for God and one another within families throughout the world! This Sunday we celebrate the 1<sup>st</sup> Sunday of Lent. I share with you a reflection on the temptations of our Lord. I encourage you to reflect over this message a few times this week:

**“The Temptations of Jesus: God allows us to be tempted so that we may grow in virtue: *Lent commemorates the forty days Jesus spent in the desert in preparation for His years of preaching, which culminated in the Cross and in the triumph of Easter.***

*Forty days of prayer and penance, and at the end of them the temptations of Christ, which the liturgy recalls for us in today’s Gospel (cf. Matt. 4:1-11). The whole episode is a mystery which man cannot hope to understand: God is here submitting to temptation, letting the evil one have his way. A mystery indeed. But we can meditate upon it, asking Our Lord to help us understand the teaching it contains.* (J. Escriva, *Christ is Passing By*, 61)

It is the first time the devil intervenes in Jesus’ life, and he does so openly. He puts Our Lord to the test; perhaps he wants to find out whether the hour of the Messiah has actually arrived. Jesus allowed this intervention so as to give us an example of humility, and to teach us to overcome the temptations that we are going to have to undergo in the course of our lives. *As Our Lord did everything for our instruction*, says St. John Chrysostom, *so He wished to be led out into the wilderness and there to enter into combat with the devil. He did this in order that the baptized should not be troubled if after Baptism they suffer still greater temptations, as though such were not to be expected.* (St. John Chrysostom, *Homilies on St. Matthew*, 13, 1) If we were not prepared to meet the temptations that we are to undergo, we would open the door to a great enemy-discouragement and gloominess.

Jesus wanted to teach us by His example that no one should consider himself exempt from any type of trial. Ronald Knox has the following to say: *The temptations of Our Lord are also the temptations of His servants individually. But the scale of them, naturally, is different; the devil is not going to offer you and me all the kingdoms of the world. He knows his market; offers, like a good salesman, just as much as he thinks his customer will take. I suppose he thinks, with some justice, that most of us could be had for five thousand a year, and a great many of us for much less. Nor does he, to us, propose his conditions so openly; his offer comes to us wrapped up in all sorts of plausible shapes. But, if he sees the chance he is not slow to point out to you and to me how we could get the thing we want if we would be untrue to our better selves, and not infrequently if we would be untrue to our Catholic loyalties.* (R. A. Knox, *Pastoral Sermons*)

The Preface of today’s Holy Mass reminds us that Our Lord teaches us with deeds that we must overcome temptations and that we should derive benefit from all the trials that beset us. *He allows temptation, and uses it providentially to purify you, to make you holy, to detach you more from the things of earth, to lead you where He is and by the route He wants you to take, so as to make you happy (in a life which may not be comfortable); so as to give you maturity, understanding and effectiveness in your apostolic work with souls, and... above all, to make you humble, very humble.* (S. Canals, *Jesus as Friend*)

*Blessed is the man who endures trial*, says the Apostle St. James, *for when he has stood the test he will receive the crown of life which God has promised to those who love Him.* (Jas. 1:12)

**The temptations of Jesus. The devil tries us in a similar way:** The devil tempts us precisely by taking advantage of the needs and weaknesses of human nature. After fasting for forty days and forty nights, Our Lord must have been very weak. Here He is in the wilderness; He feels hungry just like any other man in such circumstances. This is the moment the tempter chooses to come forward with the proposition that He should turn the stones that lie around Him into the bread He needs and longs for so desperately.

*Jesus not only declines the food which His body requires, but also rejects a greater temptation: that of using His Divine Power to solve, if we can express it so, a personal problem...How generous Our Lord is in humbling Himself and fully accepting His human condition! He does not use His Divine Power to escape from difficulties or avoid effort. Let us pray that He will teach us to be tough, to love work, to appreciate the human and Divine nobility of savoring the consequences of self-giving.* (J. Escriva, *loc. cit.*)

This passage of the Gospel teaches us too to be particularly watchful over ourselves and over those whom we have a special obligation to help in their moments of weakness and tiredness: to be alert when we ourselves are going through a bad patch. It is at such moments that the devil chooses to tempt us more fiercely, so that our lives may turn away from God’s Will and follow a different path. In the second temptation, *The devil took Him to the holy city, and set Him on the pinnacle of the temple, and said to Him, If You are the Son of God, throw Yourself down; for it is written: ‘He will give His angels charge of You, and in their hands they will bear You up, lest You strike Your foot against a stone’.* *Jesus said to him: ‘Again it is written: You shall not tempt the Lord your God’.*

It seemed a very cunning temptation: if you refuse, you will demonstrate that you do not trust God completely; if you accept, you oblige Him to send His angels to save you, to your own personal advantage. (The devil does not know that Jesus would not need any angel at all.)

Our Lord will hear a similar proposition, with an almost identical text, at the end of His life on earth: *He is the King of Israel; let Him come down now from the Cross, and we will believe in Him.* (Matt. 27:42)

Christ refuses to perform pointless miracles which would simply be a matter of vanity or ostentation. We too have to be on the alert so as to reflect similar temptations that arise in our own circumstances. The wish to excel can be caused by even the holiest of things; we must be alert to false arguments claiming to be based on Holy Scripture, and not ask for (much less demand) proofs or extraordinary signs in order to believe. God indicates the path of Faith to us with sufficient graces and testimonies in our everyday lives. In the last of the temptations, the devil offers Jesus all the glory and temporal power that any man could wish for. The devil, *showed Him all the kingdoms of the world and the glory of them, and he said to Him, ‘all these I will give You, if You will fall down and worship me’.* Our Lord now sent the tempter away once and for all.

The devil always promises more than he can give. Happiness is very far from being his gift. Any temptation is always a miserable deception. In order to test us, the devil takes advantage of our ambitions. Probably the worst of these is that of desiring one’s own excellence at all costs, of systematically seeking ourselves in everything we do or plan. Our own self can often be the worst of all idols.

Neither should we fall down to worship material things, making of them false gods which will ultimately make slaves of us.

Material goods cease to be good if they separate us from God and our fellow men.

We will have to keep up a constant watch, an unremitting struggle, because we still have the tendency to seek human glory, in spite of our having told Our Lord on many occasions that we want only His glory. Jesus speaks to us too: *You shall worship the Lord your God and Him only shall you serve.* And that is what we want and what we ask for; to be able to serve God in the vocation to which He has called us.

**Our Lord is always at our side. Arms with which to conquer:** God is always beside us. Whenever we are confronted with a temptation He says, *Be of good cheer, I have overcome the world.* (John 16:33) And we place all our trust in Him because we know we would achieve very little by ourselves. *I can do all things in Him who strengthens me.* (Phil. 4:14) *The Lord is my light and my salvation; whom shall I fear?* (Ps. 26:1)

We are able to arm ourselves against temptation through constant mortification in our work; in the way we live charity; in guarding our external and internal senses.

As well as mortification, we need prayer. *Watch and pray, that you may not enter into temptation.* (Matt. 26:41) We must also guard against it by fleeing from the occasions of sin, (however marginal they may seem, for *Whoever loves danger will perish by it*, [Sir. 3:26]) and by having our time fully occupied, mainly in the fulfillment of our family, professional and social obligations. If we are to overcome temptation we will have to repeat confidently over and over again the petition in the Our Father: *and lead us not into temptation*; grant us the strength to remain strong when faced with temptation. Since it is Our Lord Himself who puts such a petition on our lips, it would be good for us to repeat it continually...

*We struggle against temptation by speaking openly about it to our spiritual director; making it thus known is almost overcoming it. He who reveals his own temptations to his spiritual director can be certain that God grants the spiritual director the grace needed to direct him well.* (B. Baur, *In Silence with God*)

We can always count on God’s grace to overcome any temptation whatsoever. *But do not forget, my friend, that you need weapons in this spiritual battle. And your weapons have to be these: continuous prayer; sincerity and frankness with your spiritual director; the Holy Eucharist and the Sacrament of Penance; a generous spirit of Christian mortification which will bring you to flee from the occasion of sin and to avoid idleness; humility of heart, and a tender and filial devotion to Our Lady, Comforter of the Afflicted and Refuge of Sinners. Always turn confidently to Our Lady and say: ‘My Mother, I trust in you’.*” (S. Canals, *op. cit.*) (From: *In Conversation with God* by Francis Fernandez)

Through the intercession of Mary, Virgin most Powerful, St. Joseph, and St. Columbkil, may we all have the grace of discernment of spirits and fortitude in the spiritual combat!

In Christ through Mary, Fr. Kasel

### READINGS FOR THE WEEK:

**Sunday:** Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

**Monday:** 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

**Tuesday:** Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

**Wednesday:** Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

**Thursday:** Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

**Friday:** Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

**Saturday:** Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

**Next Sunday:** Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-1

**Together in Hope:** The Catholic Services Appeal Foundation partners with fellow Catholic to share Christ’s love with neighbors in need through ministries that serve the poor, support life and strengthen the Faith. Your gift brings hope by helping provide: • Thousands with life-giving care via hospital chaplains. • 12,000 people / week with fresh groceries and hygiene items. • 1,200 hot meals monthly. • 635 people with housing/emergency shelter each month. • 33,000 young people with Faith-filled outreach. • 1,300 women and families with pro-life support. • 28,000 Catholic school students with in-person learning. • Over 50 seminarians studying to be future priests of our Archdiocese with tuition assistance, room and board. Visit [www.csafspm.org](http://www.csafspm.org) to learn more or [www.GiveCSAF.org](http://www.GiveCSAF.org) to donate today!