

Holy Trinity Parish

Solemnity of the Most Holy Body and Blood of Christ

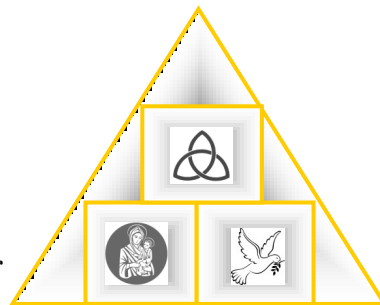
June 22, 2025

Fr. Thomas McCabe, Pastor

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Office Hours: Mondays 10am-2pm at HT.

Building use request: Call the office.

Confession: Sat. 4:45-5:20pm at Holy Trinity, Sun. 8:20am at St. Mary, or by appointment.

Baptism: Call at least 3 months before the birth to attend a class and set a date.

First Penance/Eucharist: Register for 1st grade catechism classes in preparation.

Confirmation: Register as soon as possible in the fall since there are requirements including weekly attendance at Mass.

Marriage: Please call Father McCabe at least nine months prior to tentative date.

Anointing of the Sick: Contact the office especially if in serious illness, near death or upcoming major surgery.

Pastoral Care of the Sick: If you move to a nursing home/care facility, would like a priest to visit, or are unable to attend Mass and would like Communion at home, contact the office.

Funerals: Contact the office.

Mass Intentions: Mail to the office or place in collection. (\$10/Mass suggested.)

Bulletin Items: Email to holytrinitygoodhue@gmail.com by Wednesday noon. The business office reserves the right to edit.

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The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink."

- John 6:52-55

HOLY MASS SCHEDULE

Sat.	5:30PM	HT	June 21	+Rosanne Goebel	(Daily Mass) 2 Cor. 12:1-10; Ps 34:8-13; Mt 6:24-34
Sun.	8:45AM	SM	June 22	Parishioners	(Sat. Vigil 5:30 PM Mass and Sunday Masses) Gn 14:18-20; Ps 110:1-4; 1 Cor 11:23-26 Lk 9:11b-17
	10:30AM	SC		Kay Gadiant	
Mon.	8:00AM	SM	June 23	+Ray & LaWanda Keller	Gn 12:1-9; Ps 33:12-13, 18-20, 22; Mt 7:1-5
Tue.	8:00AM	HT	J. 24 Solemnity: St. John the Baptist	+Alice & Walter Rusch	Is 49:1-6; Ps 139:1b-3, 13-15; act 13:22-26; Lk 1:57-66,80
Wed.	8:00AM	HT	June 25	Pope Leo XIV	Gn 15:1-12, 17-18; Ps 105:1-4,6-9; Mt 7:15-20
Thu.	9:00AM	SC	June 26	Kay & +Bill Gadiant	Gn 16:1-12, 15:16; Ps 106:1b-5; Mt 7:21-29
Fri.	8:00PM	SM	J. 27 Solemnity: Jesus' Sacred Heart	End to abortion/healing of country	Ez 34:11-16; Ps 23:1-6; Rom 5:5b-11; Lk 15:3-7
Sat.	5:30PM	HT	June 28	+Joe Blahnik	(Daily Mass) 2 Cor. 12:1-10; Ps 34:8-13; Mt 6:24-34
Sun.	8:45AM	SM	June 29	Parishioners	(Sat. Vigil 5:30 PM Mass/Sun. Masses) Acts 12:1-11; Ps 34:2-9; 2 tim 4:6-8, 17-18; Mt 16:13-19
	10:30AM	SC		+Francis & Marjorie McNamara	

Mission: *We grow together in Christ.*

Welcome to our Parish Churches!



Holy Trinity Church (HT)
211 4th Street North
Goodhue, MN 55027



St. Columbkille Church (SC)
36483 County 47 Boulevard
Goodhue, MN 55027



St. Mary Church (SM)
221 Chester Avenue
Bellechester, MN 55027

From Father McCabe

We know from the Old Testament that God worked many miracles through his holy prophets. The prophet Elijah raised a dead person to life, earthly life, and so that person had to die again.

But Jesus is saying something completely new when he talks about the new and eternal covenant of the Holy Eucharist. Jesus gives us his Body and Blood at the Last Supper, the First Mass, by consecrating bread and wine into his Body and Blood, Soul and Divinity, and promised his faithful followers that they will rise from the dead never to die again. He established the New Testament with the new ordained priesthood and calls us every weekend to celebrate his death, resurrection and ascension into to Heaven where there will be no more suffering, pain or death.

The Eucharist is at the heart of the Gospel because Jesus Christ is at the heart of the Gospel. The following citation is easy to remember since most priests are ordained at age 26, as I was, Mt. 26:26: "While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, '**Take and eat; this is my body.**' Then he took a cup, gave thanks, and gave it to them, saying, '**Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.**'" Mt. 26:26-28.

The Jews today are still waiting for the Messiah to bring God's Kingdom to earth, whereas we Catholics are assuredly being filled with God's life, the divine life of grace to help bring God's definitive kingdom into the world by living more and more like Jesus Christ.

Yet, some people are still in need of miracles to help them reach a deeper faith. You can go online and type in "6 Incredible Eucharistic Miracles That Happened Recently," which is a summary of Eucharistic miracles written by Charles A. Coulombe.

A series of Eucharistic miracles occurred in Argentina in 1992, 1994, 1996. In these miracles the consecrated hosts became human flesh. Scientists studied the 1996 occurrence extensively and discovered that the host became human tissue from the heart, the muscle that pumps blood and so gives oxygen and thus life to the rest of the heart and body. **No wonder the Eucharistic is at the center of the Church – the Mystical Body of Christ.**

The scientists also discovered that the heart tissue showed evidence that it belonged to a person who had gone through intense pain, struggled to breathe for extended periods of time and had been stabbed in the left side.

To the amazement of those involved with the study, the white blood cells, which usually disintegrated after 15 minutes outside a living body, were still intact.

Science cannot prove that the tissue was Jesus' heart tissue. Science cannot explain how a host changed into heart tissue, but *science has proved* that it is heart tissue, and that it went through much suffering.

As reasonable believers we have science and the light of divine Catholic faith that tell us that it was Jesus' heart tissue; that it was Jesus' broken heart because of people's lack of faith and love, but still poured out for the life of those who repent and seek God's holiness. We see with the light of faith

Jubilee Year 2025: Pilgrims of Hope

that Jesus is here in the Eucharist because he loves us and wants to be with us. ***With the light of the Catholic faith, we proclaim and celebrate that Jesus Christ, the Son of God and the Son of Mary, feeds us with his divine life through the Holy Eucharist!***



My friends, Jesus Christ is God who became man, and he has fulfilled all the Old Testament promises and miracles in himself. He is the New and Eternal Testament (Covenant) in which we fully participate every time we receive Holy Communion worthily. Our reception of Holy Communion is a sign that we believe all that Christ teaches us through his Church and, after careful examination and a good confession, believe to be in the state of grace.

We can still grow in faith and hope when we make a spiritual communion or perform other acts of faith when we cannot receive him sacramentally when we are conscious of an unconfessed mortal sin or have not fasted one hour before the time of Holy Communion (excluding water and medicine), or not being of the appropriate age.

Catechism of the Catholic Church, paragraph #1385: *To respond to this invitation we must prepare ourselves for so great and so holy a moment. St. Paul urges us to examine our conscience: "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For anyone who eats and drinks without discerning the body eats and drinks judgment upon himself."* (1 Cor. 11:27-29).

CCC #1387: *To prepare for worthy reception of this sacrament, the faithful should observe the fast required in their Church. Bodily demeanor (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest.*

The Crucified and Risen Lord Jesus is the living bread from heaven, so those of us who eat this divine food with Catholic faith, divine hope and sufficient love, will be brought to the fullness of heaven. The Eucharist is the pledge of Eternal Glory. See **Catechism of the Catholic Church**, paragraphs #1406-1419.

After receiving Jesus Sacramentally in the Eucharist – his Body, Blood, Soul and Divinity under the humble form of bread and wine, or spiritually in prayer – take time to thank him. Take time to praise his divine majesty, mercy and power; pray that he will apply his divine graces to your heart, your mind, your body and your relationships, that they would be made fully alive in the light of the Eternal Father.

Peace in Jesus Christ, the Living Bread from Heaven!

Fr. Thomas McCabe

"O Sacrament most holy, o Sacrament divine! All praise and all thanksgiving be every moment thine!"

"Our Lord in the Blessed Sacrament has His hands full of graces and He is ready to bestow them on anyone who asks for them." - St. Peter of Alcantara



NATIONAL
**Eucharistic
Revival**

Mission Appeal Weekend: June 28-29: Rev. Thejus (Thay [rhymes with day] - jus [rhymes with bus]) Peedikathundiyl will be presiding at all the Masses on June 28-29 to preach about his mission appeal on behalf of the Schoenstatt Fathers in India. The Schoenstatt Fathers are part of the International Schoenstatt Movement, with about three hundred priests assigned to different parts of the world. The Schoenstatt Fathers in India aim to develop centers of spiritual renewal, schools, and colleges for deserted and neglected children, predominantly girls, as well as centers for quality Catholic character formation. They work in parishes, promote faith formation among youth and families, and engage in reaching out to the poor and needy, participating in the evangelization process of the Church in India. *For their social projects and the formation of seminarians, the Schoenstatt Fathers of India appeal to your solidarity and ask for your generous support.* We will have a special collection for this mission appeal during Masses on June 28-29. For more information please visit www.schoenstatt-fathers.in.

Easter Missionary Disciples, 2025! Throughout the 185 parishes in our Archdiocese 1,122 adults entered into full communion with the Lord's Catholic Church this past Easter by way of adult Baptisms and adults receiving the Sacrament of Confirmation! Praise God for the Holy Spirit! Last year we had five adults enter into full communion, and one of them, Laural Seither, cantors and is our new custodian/maintenance personnel.

More inspiration and response through the Holy Spirit! Aliza Altendorf, daughter of Pam and Kevin Altendorf, has become a college campus missionary disciple with the Fellowship of Catholic University Students (FOCUS) organization that reaches out to Catholics on university/college campuses to help them grow in a living relationship with Jesus Christ and his Catholic Church. Please join us for her presentation after the 8:00AM Mass, Monday, June 23 at the Church of St. Mary, Bellechester, in the community room. She is seeking our monetary and spiritual support. Call Mary Majerus, 651-764-2725 to let her know how many friends will join you and what you can bring to this light breakfast. I am bringing some gluten free doughnuts and milk! - Fr. Thomas McCabe

Catholic Young Adults, ages 18-45+, gather monthly and this month we will gather on Sun., June 22, from 6:30-9:00 PM at Rosie's Park, Goodhue, for volleyball, picnic and rosary. Bring your own food, tunes and beverages. If inclement weather, meet at the Church of the Holy Trinity for board games and stump the priest questions.

SAVE The DATE: Solemn Mass of the Sacred Heart of Christ, Fri., June 27, 8:00PM Mass, Church of St. Mary. Cantors: Dave and Irene Gottwalt

Please pray for: Bob Eppen, Wanda Schafer, Margaret Wagner, Ann Merry, Ed Heppelmann, Ray Poncelet, Dave Buck, Scott Cyert, Jerry Joe Majerus, Louise Heppelmann, Brent Hokanson, Anne Skalicky, Neil Stehr, Jen Berg, Marge Majerus, Shawn Frederixon, Gabe Ryan, Ryan Zorn, Beth Carlson, Chuck Havrilla, Randy Nardinger, Amy Feely, Alan Gadiant, Roy Goranson, Susan Brown, Jocelyn O'Reilly, Barb Aunan and John McCabe.

Holy Trinity is dedicated to protecting children and vulnerable adults. Volunteers serving with minors and vulnerable adults must complete requirements before engaging in ministry. Contact: holytrinitygoodhue@gmail.com.

The Holy Father's Prayer Intention for June 2025:

That the world might grow in compassion.

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

Calendar/Events

Sat., June 21	HT	4:45-5:20 PM	Sacrament of Confession
Sun., June 22	SM	8:20-8:40 AM	Sacrament of Confession
Sun., June 22	Rosie's Park	6:30-9:00PM	Catholic Young Adult picnic/volleyball/rosary
Mon., June 23	SM	6:30-9:00 PM	Eucharistic Adoration
Wed. June 25	HT	9:00AM-2:00PM	Eucharistic Adoration
Thurs., June 26	SC	8:00-8:45AM	Eucharistic Adoration/Conf. (Mass 9:00AM)
Sat., June 28	HT	4:45-5:20 PM	Sacrament of Confession
Sat./Sun., June 28/29	HT/SM/SC	Mass times	Mission Appeal weekend with guest priest
Sun., June 29	SM	8:20-8:40 AM	Sacrament of Confession

**Holy Trinity Church
(HT) Collection:**
6/14: \$ 605.00

**St. Columbkil Church
(SC) Collection:**
6/15: \$ 570.00

**St. Mary Church
(SM) Collection:**
6/15: \$ 730.00



Behold the Lamb of God!

Adoration of the Blessed Sacrament: Mondays at St. Mary from 6:30-9:00PM, Wednesdays at Holy Trinity from 9:00AM-2:00PM, and Thursdays at St. Columbkil from 8:00AM-9:00AM (unless otherwise noted). Come and spend some time with Jesus!

Archdiocesan Passport Adventure: We are 175 years strong!

Catholics around the world are marking 2025 as a Year of Jubilee, while at the same time we as an Archdiocese celebrate 175 years since our founding on July 19, 1850.

Archbishop Hebda invites you to become an Archdiocesan Jubilee Pilgrim:

- Go to <https://www.archspm.org/passport/> for more information and to download and print your passport.
- From now through Sunday, October 12, try to visit seven parishes other than your own, much as Saint Philip Neri led the faithful of his day to seven churches in Rome. You could pray for one of the seven gifts of the Holy Spirit at each church.
- Among the seven churches, try to visit our two Jubilee co-cathedral churches: the Cathedral of Saint Paul and the Basilica of Saint Mary. Look for the Jubilee Cross in each of them.
- Perhaps visit our oldest Church of Saint Peter in Mendota and one of our newest churches. Saint Katherine Drexel in Ramsey is just about to be consecrated and St. Elizabeth Ann Seton in Hastings has just been renovated.
- Try to participate in a Mass that might expand your personal experience of liturgy—perhaps with our Maronite or Byzantine brothers and sisters, with one of our immigrant communities, with one of our Traditional Latin Mass communities, with the Catholic deaf community or with the University students at Saint Lawrence in Dinkytown.
- Join us Sunday, October 12, for one of the morning Masses at the Cathedral and for an Ice Cream Social.

Weekend Ministry Schedule

Church	Role	June 21/22	June 28/29
HT: Saturday 5:30PM June 21 & 28	Musician	Kim Cory	Cindy Eppen
	Cantor	Aurora Wiskow	Laural Seither
	Lector	Loretta Froyum	Lily Peterson
	Servers	Ellie Nardinger	Isaac Ryan
SM: Sunday 8:45am June 22 & 29	Musician	Wanda Schafer	Wanda Schafer
	Cantor	Eleanor O'Reilly	Taylor Dowden
	Lector	Brian Keller	Jeremy Keller
	Servers	Cooper Utley, Derek Stehr, Isaac Ryan, Danny Keller	Henry, Noah, Maya Keller, Danny Keller
SC: Sunday 10:30am June 22 & 29	Musician	Cindy Eppen	Cindy Eppen
	Cantor	Eleanor O'Reilly	Shannon Dicke
	Lector	Pam Altendorf	Chris Poncelet
	Servers	Brady & Liahna McNamara	Patrick, Francis, Phillip O'Reilly

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could be here!*

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*Pray to
end abortion*



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for our sponsors.

(Paid for by Fr. Thomas McCabe)



SOLEMNITY OF THE SACRED HEART OF JESUS

FRIDAY, JUNE 27

8:00 PM MASS AT THE CHURCH OF ST. MARY



During this *Jubilee Year of 2025* (8 years before the highly significant year of 2033!) the Holy Spirit is moving powerfully to convert hearts back to the fullness and practice of the Catholic faith. It also corresponds to our *Archdiocese 175th anniversary!* These pictures are of the second synodal gathering of 450 delegates, June 7, who prayed and met in small groups to help Archbishop Hebda discern what our next goals will be. It was discerned that the Holy Spirit is leading all the faithful of the Archdiocese to focus on these three aspects of our Catholic Christian faith: Daily Discipleship (especially individual and family prayer), Adult Faith Formation, and Welcoming and Hospitality. This does not exclude our parish focus of: 1. Building a robust family and youth ministry; 2. Reclaiming Sundays for the Lord and family; 3. Growing our community among our three parish churches centered on Jesus.



Synod participants from
around the Archdiocese of St.
Paul/Minneapolis.