

# Holy Trinity Parish

## First Sunday of Lent

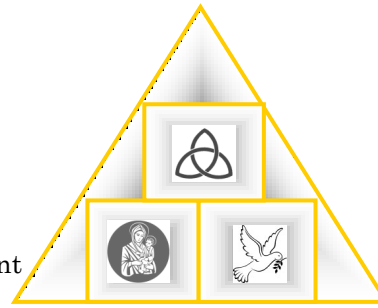
February 26, 2023

Fr. Thomas McCabe, Parochial Administrator

[frmccabe@bevcomm.net](mailto:frmccabe@bevcomm.net)

Maria Schultz, Safe Environment Coordinator/Administrative Assistant

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**Website:** [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)

**Office Hours:** Mondays 10am-2pm at HT.

**Building use request:** Call the office.

**Confession:** Sat. 4:45-5:20pm at Holy Trinity, Sun. 8:15am at St. Mary, or by appointment.

**Baptism:** Contact the office at least 3 months before the birth to attend a class and set a date.

**First Penance/Eucharist:** Register for 1<sup>st</sup> grade catechism classes in preparation.

**Confirmation:** Register for 9<sup>th</sup> and 10<sup>th</sup> grade catechism classes in preparation.

**Marriage:** Please call Father McCabe at least nine months prior to tentative date.

**Anointing of the Sick:** Contact the office especially if in serious illness, near death or upcoming major surgery.

**Pastoral Care of the Sick:** If you move to a nursing home/care facility, would like a priest to visit, or are unable to attend Mass and would like Communion at home, contact the office.

**Funerals:** Contact the office.

**Mass Intentions:** Mail to the office or place in collection. (\$7/Mass suggested.)

**Bulletin Items:** Email to [holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com) by Wednesday. The business office reserves the right to edit.

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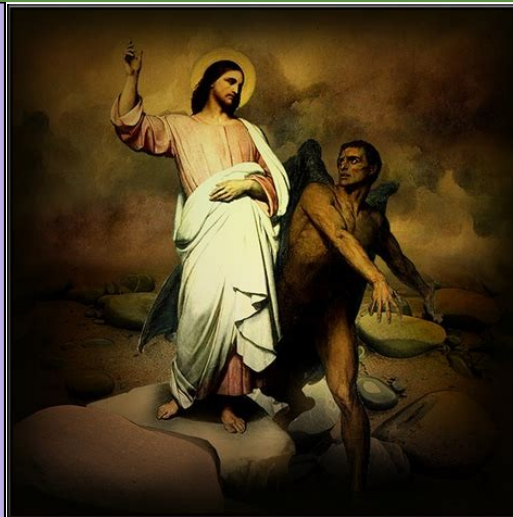
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At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry. The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God." Mt. 4:1-4

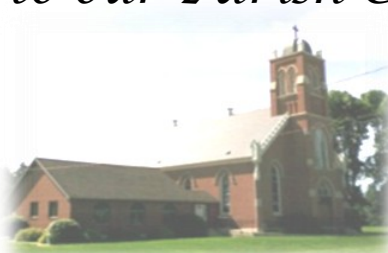
HOLY MASS SCHEDULE					READINGS
Sat.	5:30 PM	HT	Feb. 25	Parishioners	Is 58:9b-14 / Ps 86 / Lk 5:27-32
Sun.	8:45AM	SM	Feb. 26	+Marge Heppelmann	Gen 2:7-9; 3:1-7 / Ps 51 / Rom 5:12-19/ Mt 4:1-11
	10:30AM	SC		Sixth Grade Faith Formation Class	
Mon.	8:00AM	SM	Feb. 27	+Madonna Thomforde	Lev 19:1-2, 11-18 / Ps 19 / Mt 25:31-46
Tue.	8:00AM	HT	Feb. 28	For those listed in the Red Memorial Book	Is 55:10-11 / Ps 34 / Mt 6:7-15
Wed.	8:00AM	HT	March 1	Connie Havrilla	Jonah 3:1-10 / Ps 51 / Lk 11:29-32
Thu.	9:00AM	SC	March 2	+Dolores Beach	Esth C12, 14-16, 23-25 / Ps 138 / Matt 7:7-12
Fri.	8:45PM	SM	March 3	+Fr. Edwin Savundra	Ez 18:21-28 / Ps 130 / Matt 5:20-26
Sat.	9:00AM	SC	March 4	+Fr. John Brandes	Deut 26:16-19 / Ps 119 / Matt 5:43-48
Sat.	5:30PM	HT	March 4	Third Grade Faith Formation Class	
Sun.	8:45AM	SM	March 5	Parishioners	Gen 12:1-4a / Ps 33 / 2Tim 1:8b-10 / Matt 17:1-9
	10:30AM	SC		+Ian Sweet	

Mission: *We grow together in Christ.*

## Welcome to our Parish Churches!



**Holy Trinity Church (HT)**  
211 4th Street North  
Goodhue, MN 55027



**St. Columbkil Church (SC)**  
36483 County 47 Boulevard  
Goodhue, MN 55027



**St. Mary Church (SM)**  
221 Chester Avenue  
Bellechester, MN 55027

## From Father McCabe

In today's Gospel Jesus is led into the desert by the Holy Spirit to rely upon God the Father, and to pray and fast for Forty days. By doing this Jesus shows us how we are to overcome the temptations of the devil, the world, and our own broken human nature.

As Christian disciples, as student followers of Jesus Christ in his Church, what can we learn from this? First, that the devil will tempt us just as he tempted Jesus. When we try to progress in our spiritual life there will be some temptations, but God's grace is stronger.

The devil says that if we really are sons and daughters of God, it is not necessary to fast, to pray, nor to suffer. The devil tried to tempt Jesus with this false dream that he and his disciples could feed the world without sacrifice, without following God's plan: "Just turn these stones into bread, if you are the Son of God."

But we believe that God is a loving Father who asks us to sacrifice a good: a portion of food, for a greater good, the grace of God's word perfectly lived by Jesus Christ who fasted in obedience to his heavenly Father. For it is written, "One does not live on bread alone, but on every word that comes from the mouth of God."

Our obedience to fast corresponds to Jesus' fast. He was able to overcome the temptations of the flesh and can feed the world through his followers if we are willing to follow his lead. Unfortunately, many Christians are too interested in hanging on to power, making money and being entertained with worldly pleasures, instead of following and receiving Jesus Christ in the Eucharist and in the poor people of the world. Yet, many Christians are following Christ and gather weekly to share their gifts with the material and spiritual poor.

In order to prepare our hearts and minds to receive Jesus Christ in the holy Eucharist we should fast one hour before receiving Holy Communion, including abstaining from gum, candy, coffee or juice. The only exception to breaking the Eucharistic fast is for medicine and water. As well, and more importantly, the best way to prepare to receive our good Lord in Holy Communion is to be sure we are free from mortal sin by making a good confession in the Sacrament of Confession, with the aim of helping the material and spiritual poor in our midst.

Every Friday throughout the year, but especially during Lent, we fast from meat and other things in order to grow in holiness. Why every Friday? Because Jesus Christ died on the tree of the cross on Friday, and we want to follow him in solidarity. Jesus stretched out his hands in perfect obedience to the tree of the cross to undue the disobedience of Adam and Eve. For they stretched out their hands in disobedience to take and eat the forbidden fruit by which Original Sin – the source of all sin, and material and spiritual poverty – entered the world.

Since Jesus' obedient death on the cross is the source of all graces, we want to unite our sacrifices and sufferings, our hopes and dreams to Christ on the cross in order to receive the promises of the resurrection – the Eternal Easter – of which we celebrate every Sunday and Holy Day of obligation.

The devil tries to raise doubts in the mind of Jesus: "If you are the Son of God, throw yourself down from here

because it is written: The angels of the Lord have been ordered to care for you, and sustain you by their hands, in order that your feet will not trip on stones." Jesus responds by quoting the Bible accurately, "You shall not put the Lord, your God, to the test."

Note well that the devil uses the Bible in a perverse way to tempt Jesus away from God's will. Some people will also try to pervert good things, like the Bible, to try to tempt us away from the practice of our Catholic faith.

Satan does not want our certain salvation that comes to us in Jesus Christ and his Catholic faith. Satan tempts us with worldly power just as he tempted Jesus by offering worldly power, but only if Jesus would adore and serve Satan. Again, Jesus quotes the Bible correctly to defend himself: "You shall worship the Lord, your God, and him alone shall you serve."

Let us always be patient with people who try to tempt us to leave the Catholic faith. They may be sincere, but they have a misunderstanding of our God given Catholic faith. Thus, we need to remind them that Jesus Christ is the divine head of the one, holy, Catholic, and Apostolic Church. It was under his authority that the Catholic Church chose and preserved the four Gospels: Matthew, Mark, Luke and John, while rejecting false gospels.

One false gospel said that women must become men in heaven. We know that is wrong because the Blessed Virgin Mary is the Queen of heaven. We read about this in the last book of the Bible, the Book of Revelation, chapter 12. We read about St. Mary being crowned with twelve stars and giving birth to Jesus Christ who will rule the nations. Those twelve stars can help us remember the Twelve Apostles around Saint Mary at Pentecost, as well as chapter 12 of the Book of Revelation.

By being in the desert for forty days, Jesus taught us that we must rely on God, his divine grace and his Divine Word in the Bible to conquer the temptations of our own broken nature, the fallen world, and the devil. By understanding the truth of the Bible, which is the foundation of our Catholic faith, and by fasting and praying, we can follow Jesus Christ more closely in order to grow in holiness toward heaven. Holy Mary, Mother of God, pray for us.

Peace in Christ,

Fr. Thomas McCabe



**Please pray for:** Marcy Dilworth, Susan Brown, Margaret Wagner, Leo & Maxine Ryan, Mary Heppelmann, Ed Heppelmann, Anne Merry, Ray Poncelet, Dave Buck, Scott Cyert, Jerry Joe Majerus, Leo & Louise Heppelmann, Brent Hokanson, Anne Skalicky, Mark Ryan, Pat Mann, Neil Stehr, Barb Smalley, Jen Berg, Mary Ellen Reding, Ann Austreng, Marge Majerus, Connie Havrilla, Al Brinkman, Shawn Frederixon and Kellie Peterson.

## News and Events

**Mardi Gras Thank You:** A huge thank you to all those who volunteered to make the Mardi Gras a success! Many hard-working volunteers generously shared their time and talents to make our Youth and Family Ministry Fundraiser a day filled with fun activities and fellowship. The proceeds will go to Youth and Family Ministry with 10% being donated to First Choice Clinic in Red Wing which promotes healthy families facing unplanned pregnancies by offering education and healthy, life-affirming choices through free medical, educational, and support services to women and men.

**CCW Thank You:** The CCW Warm Hearts & Warm Blankets project donated approximately 12 fleece blankets to Goodhue County Social Services this winter. Thank you for your generosity!

**Lenten Stations of the Cross** will take place at 6:30PM at Holy Trinity all Wednesdays of Lent. Stations, Adoration and Benediction will be held on Fridays at 8:00PM at St. Mary and Stations will follow the 10:30AM Sunday Masses at St. Columbkil.

**St. Michael's Lenten Fish Fry:** You are invited to Lenten Fish Fries on Friday evenings during Lent – (March 3, 10, 17, 24, 31) serving 4:30PM - 7PM. Baked & fried fish will be offered! Adults \$13, Children 5-12 \$6, and Family max \$45. Church of St. Michael, 451 5th St. SW, Pine Island-507-356-4280.

**40 Days For Life Prayer Vigil:** Pro-life Action Ministries is again sponsoring 40 Days for Life Prayer Vigil from Feb. 22-Apr. 2 from 6:00AM-6:00PM., a daily Jericho March at 3:00PM from March 27-April 2 and a Solemn Good Friday Prayer Vigil on Apr. 7 - 8:30AM-4:00PM - [www.plam.org](http://www.plam.org) - for more information and to sign up.

**Pro-life Day at the Capitol:** Pro-life day at the Capitol on Feb. 28 with a 10AM rally in the Capitol rotunda before meeting with legislators. The day will also include educational opportunities, the chance to connect with pro-life organizations and businesses, a dedicated room to pray, and a diaper drive (bring opened or unopened disposable baby diapers). **Register today at [unitedforlifemn.org](http://unitedforlifemn.org).**

**Lenten Fasting Regulations:** Everyone 14 years of age or older is bound to abstain from meat on Ash Wednesday, all the Fridays of Lent and Good Friday. Everyone 18 or older, and under 59 years of age, is bound to fast on Ash Wednesday and Good Friday. On Ash Wednesday and Good Friday, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, the law does not oblige. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices. More info at [www.archspm.org/lenen-regulations-for-fasting-and-abstinence-2/](http://www.archspm.org/lenen-regulations-for-fasting-and-abstinence-2/)

**Men's Silent Retreat Opportunity:** Demontreville Jesuit Retreat House. Retreat begins Thurs. evening, March 2 and ends Sun. evening March 5. Free-will donations. More info at 651-777-1311 or website [www.demontrevilleretreat.com](http://www.demontrevilleretreat.com)

Calendar/Events			
Sun., Feb. 26	SC	After Mass	Stations of the Cross
Mon., Feb. 27	SM	6:30-9:00PM	Adoration of the Blessed Sacrament
Tues., Feb. 28	HT	9:00-10:00AM	"Rescued" Book Study
Wed., March 1	HT	9:00-2:00PM	Adoration of the Blessed Sacrament
Wed., March 1	HT	2:15-3:30PM	Faith Formation Class Grades 1-6
Wed., March 1	HT	6:30PM	Stations of the Cross
Wed., March 1	HT	7:25-8:35PM	Faith Formation Class Grades 7-12
Thur., March 2	SC	8:15-8:45AM	Adoration of the Blessed Sacrament/Confession
Thur., March 2	HT	9:00-11:00AM	Quilting
Fri., March 3	SM	7:00-8:45PM	Stations of the Cross, Adoration /Benediction
Sat., March 4	SC	9:00-11:00AM	Adoration of the Blessed Sacrament/Confession

*Collection for Feb. 25-26 not available due to weather*

Holy Trinity Church (HT) Collection:	St. Columbkil Church (SC) Collection:	St. Mary Church (SM) Collection:
02/25 N/A	02/26: \$N/A	02/26: \$N/A



### *Behold the Lamb of God!*

*Adoration of the Blessed Sacrament: Mondays at St. Mary from 6:30-9:00PM, Wednesdays at Holy Trinity from 9:00AM-2:00PM, and Thursdays at St. Columbkil from 8:00AM-9:00AM (unless otherwise noted). Come and spend some time with Jesus!*

### Weekend Ministry Schedule

Church	Role	February 25/26	March 4/5
HT: Sat. 5:30pm Feb. 25 & March 4	<b>Musician</b>	Wanda Schafer	Wanda Schafer
	<b>Cantor</b>	Taylor & Samantha Dowden and Aurora Wiskow	Katie Ludwig
	<b>Lector</b>	Karen Albers	Maureen Lodermeier
	<b>Servers</b>	Leetta, Aubriel, and Oleana O'Reilly	
SM: Sunday 8:45am Feb. 26 & March 5	<b>Musician</b>	Wanda Schafer	Wanda Schafer
	<b>Cantor</b>		Allison Keller
	<b>Lector</b>	Jeremy Keller	Pat Mensink
	<b>Servers</b>	Addy and Will Poncelet	Danny and Zach Keller
SC: Sunday 10:30am Feb. 26 & March 5	<b>Musician</b>	Cindy Eppen	Cindy Eppen
	<b>Cantor</b>	Tom Schulte	
	<b>Lector</b>	Pam and Kade Altendorf	Jane Lexvold
	<b>Servers</b>	Eleanor, Patrick, and Francis O'Reilly	Luke, Owen and Jay Roschen

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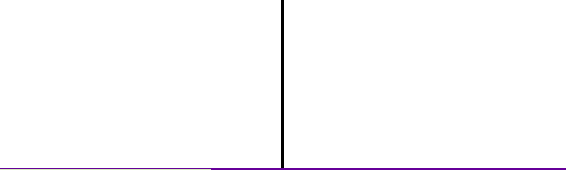
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**CATHOLIC DAUGHTERS OF THE AMERICAS**  
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Pray to end abortion



Holy Trinity Parish  
**MARDI GRAS**  
 Fundraiser



Congratulations to the Corn Hole Competition Winners!  
 1st Place (\$300) Brady Bigalk  
 2nd Place (\$200) Michael Poncelet  
 3rd Place (\$100) Calvin Stolz  
 Thank you to all those who participated (132 total games)! Everyone had a great time!



Thanks to all the volunteers and those who shared their talents and gifts.

