

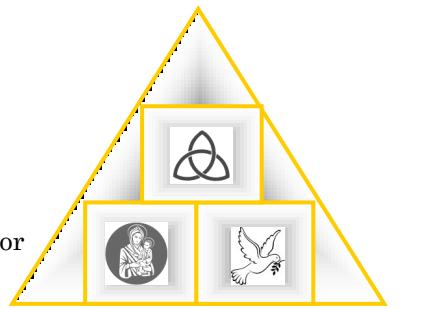
# Holy Trinity Parish

**Fourth Sunday in Ordinary Time, February 1, 2026**

Fr. Thomas McCabe, Pastor [frmccabe@bevcomm.net](mailto:frmccabe@bevcomm.net)

Deacon Mick Humbert [mhumbee@comcast.net](mailto:mhumbee@comcast.net)

Zachary Siebenaler, Faith Form. Assistant/Bookkeeper/Safe Environment Coordinator  
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**Website:** [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)

**Office Hours:** Mondays 10am-2pm at HT.

**Building use request:** Call the office.

**Confession:** Sat. 4:45-5:20pm at Holy Trinity, Sun. 8:20am at St. Mary, or by appointment.

**Baptism:** Call at least 3 months before the birth to attend a class and set a date.

**First Penance/Eucharist:** Register for 1<sup>st</sup> grade catechism classes in preparation.

**Confirmation:** Register as soon as possible in the fall since there are requirements including weekly Mass attendance.

**Marriage:** Please call Father McCabe at least nine months prior to tentative date.

**Anointing of the Sick:** Contact the office especially if serious illness, near death or upcoming major surgery.

**Pastoral Care of the Sick:** If you move to a nursing home/care facility, would like a priest to visit, or are unable to attend Mass and would like Communion at home, contact the office.

**Funerals:** Contact the office.

**Mass Intentions:** Mail to the office or place in collection. (\$10/Mass suggested.)

**Bulletin Items:** Email to [holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com) by Tuesday noon. The business office reserves the right to edit.

**Trustees:**

Samantha Dowden (secretary)

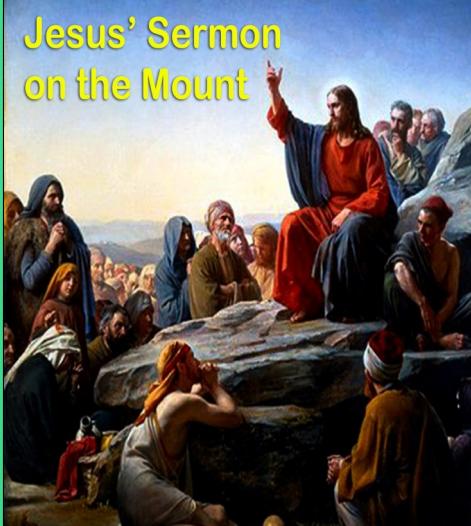
Ed McNamara (treasurer) 651-923-4777

**Finance Council Chair:**

Mike Zorn 651-258-4165

**Pastoral Council Chair:**

Steve Welscher 507-951-6171



When Jesus saw the crowd, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of God. Blessed are they who mourn, for they will be comforted. Blessed are the meek, for they will inherit the land." Mt 5:1-5

HOLY MASS SCHEDULE					READINGS
Sat.	5:30PM	HT	Jan. 31	Parishioners	(Vigil Mass - readings below)
Sun.	8:45AM	SM	Feb. 1	+Lora Keller	Vigil/Sunday, Zeph 2:3, 3:12-13; Ps 146:6-10; 1 Cor 1:26-31; Mt 5:1-12a
	10:30AM	SC		+Deceased Members of Catholic Order of Foresters	
Mon.	8:00AM	SM	Feb. 2	+Ray and LaWanda Keller and dec. family members	Mal 3:1-4; Ps 24:7-10; Heb 2:14-18 Lk 2:22-40
Tue.	8:00AM	HT	Feb. 3	+Dave Matthews	2 Sm 18:9-10, 14b, 24-25a, 30-19:3
Wed.	8:00AM	HT	Feb. 4	Nora Peterson	2 Sm 24:2,9:17; Ps 32:1-2,5-7; Mk 6:1-6
Thurs	9:00AM	SC	Feb. 5	+John Altendorf	1 Kgs 2:1-4,10-12; (Ps) 1 Chr 29:10-12; Mk 6:7-13
1st Fri.	8:00PM	SM	Feb. 6	+Roy Goranson	Sir 47:2-11; Ps 18:31,47,50-51; Mk 6:14-29
1st Sat.	9:00AM	SC	Feb. 7	Nora Peterson	(AM Mass readings) 1 Kgs 3:4-13; Ps 119:9-14; Mk 6:30-34
	5:30PM	HT		Parishioners	
Sun.	8:45AM	SM	Feb. 8	+Lora Keller	Vigil/Sunday, Is 58:7-10; Ps 112:4-9; 1 Cor 2:1-5; Mt 5:13-16
	10:30AM	SC		Shelly Power	

**Mission:** *We grow together in Christ.*

## Welcome to our Parish Churches!



**Holy Trinity Church (HT)**  
211 4th Street North  
Goodhue, MN 55027



**St. Columbkille Church (SC)**  
36483 County 47 Boulevard  
Goodhue, MN 55027



**St. Mary Church (SM)**  
221 Chester Avenue  
Bellechester, MN 55027

## From Father McCabe



We'll make sure you receive your caucus location and other important information. **Thank you!** How do we build family spiritual life? We need to grow in faith by praying, worshipping together, studying and having fun discussing, and maybe even quizzing our children and one another about our Catholic Christian faith. First, Jesus Christ is THE FOUNDATION of our spiritual life since we have been baptized into his very life, death and resurrection, and his love for God and others was perfect.

As we read in last Sunday's Gospel, "the people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen." From that time on, Jesus began to preach and say, 'Repent, for the kingdom of heaven is at hand.'" (Mt. 4:16-17)

Jesus is the foundation and the light to building our individual, family and parish spiritual life. He gives us a blueprint with his **Sermon on the Mount**, (Mt., Chapters 5 -7), beginning with the **Beatitudes**. The Beatitudes deepen the Ten Commandments, of which Jesus perfectly fulfilled. Just as a beautiful house must have solid exterior walls for protection (The Ten Commandments), so too it should have a beautiful interior (The Beatitudes) which deepen and enrich a person's heart and soul.

If you have memorized the Ten Commandments in their correct order, then you have the framework to memorizing the Beatitudes. If not, here is help:

Think: "God comes first," since he loves you and all of us into creation and sustains our every heart beat and breath. Thus, the first three Commandments pertain to God: I. I am the Lord, Your God, you shall have no other gods before me. II. You shall not take God's name in vain. III. Remember to keep holy the Sabbath.

The first three Beatitudes correspond and deepen these Commandments. The first beatitude: "Blessed are the poor in spirit, for theirs is the kingdom of heaven." If you are poor, you want to find work. If you are poor in spirit, you put **GOD FIRST** by working to know, love and serve him. Your morning "Our Father...", and other prayers, will help put **GOD FIRST**, and the gods of greed, comfort and untethered curiosity will be pushed away, for God wants us to have a dynamic relationship with him and one another.

The second Beatitude: "Blessed are they who mourn, for they will be comforted." deepens the Second Commandment: "You shall not take God's Name in vain." We bear the Christian name, but sometimes in vain because we sin and thus do not live up to our calling. Sin and its effects are what we mourn. But the "Good News" is that as Christians we know that Christ forgives the sins we mourn and repent of, especially in the Sacrament of Confession which gives us comfort.

"**Blessed are the meek, for they will inherit the land.**" This corresponds well with the 3<sup>rd</sup> Commandment since to "**Remember to keep holy the Sabbath**" means to gather as a "member" of God's people weekly to build up the Kingdom. Our beautiful Church, and all the ministries we do, are not built up by one person, but by many committed parishioners who are meek because we know that we need God and his community of Christ – the Church – in order to enter the promised land of heaven.

The next set of Commandments deal with FAMILY LIFE, as do the corresponding Beatitudes:

IV. Honor thy Father and Mother > "Blessed are they who hunger and thirst for righteousness, for they will be satisfied." Thanks Mom and Dad for cleansing and feeding me as a child, and thank you God the Father and Holy Mother Church for bringing us Jesus Christ, who sanctifies us (as mentioned in the second reading today), and gives us himself in the Bread of Eternal Life for those who are spiritually prepared.

V. You shall not kill. > "Blessed are the merciful, for they will be shown mercy." Everyone has a Mom and a Dad from which they have received the gift of life from God. But we know that our parents were affected by Original Sin, just as we are, and so we know that all of us are in need of God's mercy. Thus, we all need to grow in holiness and virtue. Those who do not promote the Ten Commandments, nor the Beatitudes are jeopardizing their place in heaven.

For this is what Jesus said, "Do not think that I have come to abolish the law or the prophets. I have come not to abolish but to fulfill... Therefore, whoever breaks one of the least of these commandments (Jesus refers to the Beatitudes here) and teaches others to do so will be called least in the kingdom of heaven. But whoever obeys and teaches these commandments will be called greatest in the kingdom of heaven. I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter into the kingdom of heaven." (Mt. 5:17)

This Bible passage of Jesus preaching helps us to realize the essential importance of striving to have the highest place in heaven by living the Beatitudes deeply with him and his Church, unlike some Pharisees and scribes who rejected the Ten Commandments, and Christ, who was fulfilling them perfectly.

Unfortunately, I am running out of space, but I hope you continue to build up your FAMILY'S SPIRITUAL LIFE by meditating, discussing and quizzing each other on God's Ten Commandments of life and love, and Jesus' Beatitudes that glorify God and so build up your place in heaven. My Sunday Bulletin Article for next week will continue this line of thinking and cover the rest of the Beatitudes.

Peace in Christ, Fr. Thomas McCabe

**MCCL (Minnesotans Citizens Concern for Life): Make a difference for Life :** The 2026 precinct caucuses will be held Tuesday, Feb. 3, at 7 p.m. Mark your calendar and plan to attend. This is where candidates are endorsed, and bills formulated - true democracy. The location of your caucus can be found via the Caucus Finder at the [Secretary of State's website](#). Please help make a difference for Life at your caucus: **+Attend your precinct caucus on Feb. 3 and vote for pro-life delegates to your local endorsing convention.** Get friends to attend their precinct caucus and vote to elect themselves and other pro-lifers as delegates. **+ Go to [mccl.org/caucus](http://mccl.org/caucus) to sign up for one of MCCL's short, half-hour caucus trainings by Zoom or phone, or call MCCL at 612-825-6831.** **+ Let us know you're attending your caucus by calling us.**



### Behold the Lamb of God!

Adoration of the Blessed Sacrament: Mondays at St. Mary from 6:30-9:00PM, Wednesdays at Holy Trinity from 9:00AM-2:00PM, and Thursdays at St. Columbkille from 8:00AM-9:00AM (unless otherwise noted). Spend some time with Jesus!

## News/Events

**Church of St. Mary:** St Mary coffee and rolls first Sundays of the month need more volunteers.. Sign up sheet on the pin up board near the custodian closet.

**Quilters Invited:** join other quilters on Thursdays, 9:00-11:00AM at Holy Trinity. Please enter through the door nearest the school, east side of Holy Trinity Church.

**Open Hearts Prayer Group** will study the Psalms. These prayers Jesus himself prayed and quoted. We will use a book written by Irene Oswell's, OSB, *Pleading, Cursing, Praising: Conversing with God through the Psalms*. This 9 week study will begin on Tuesday, January 13 following rosary after mass. Contact Teresa Buck at (651) 380-6770 if you have questions or want assistance in obtaining the book - available through Amazon or other sources.

**MARDIS GRAS HELP NEEDED!!**--PLEASE consider sponsoring and arranging a Basket or decorated box for our auction area at Mardis Gras Feb. 15 at the Lions Building... We are striving for 6 or more baskets/or boxes to auction. ~For Family, Friends, Prayer Groups, even religion Classes, here are some ideas: --Baby basket, --Movie basket, --Garden, --Baking, --Fishing, --First Aid, --Wine/cheese & crackers, --home Tool box, --Childrens/Girls toys, crafts, books, --Childrens/Boys toys, etc, AND more--be creative!!—Catholic items are a plus. New themes would be great!! For help with ideas, if you need a basket, or avoiding too many duplicates, call **Marie McNamara: 651-301-5410**. Bring baskets to the Lions Building for set-up Saturday 2/14.

**Save the Date: Mardi Gras, Sunday February 15, 12 Noon - 3:00 PM at Lions Building, Goodhue. FunRaiser for Holy Trinity Parish Faith Formation. Mardi Gras/American Cuisine Free will offering; Accelerated Corn Holy Toss, \$10.00: 1st Prize - \$200.00, 2nd - \$150.00, 3rd - \$100.00; Free Children games and mask/face painting!**

### MARRIAGE RETREAT:

Worldwide Marriage Encounter Retreat is an enrichment for married couples who desire a richer, fuller life together. Please join us at Our Lady of Grace Parish in Edina for a 2-day Weekend Retreat - March 7-8, 2026. Go home Saturday evening and return Sunday morning. Take time to connect with your spouse, work through common themes together and renew your marriage. To apply or for info: call 612-334-7440 or WWME.org.



**ENCOUNTER: School of Ministry Transformation Night, Friday, February 6, 7 - 9pm, All Saints Church, 19795 Holyoke ave., Lakeville, MN 55044. Praise/song leader: Teresa Shackelford. Speaker: Fr. Patrick Gonyeau "...Every Day Evangelist." Free and no RSVP needed! Highly recommended!**

**Please pray for:** Bob Eppen, Margaret Wagner, Ann Merry, Ed Heppelmann, Ray & Gloria Poncelet, Dave Buck, Scott Cyert, Jerry Joe Majerus, Louise Heppelmann, Brent Hokanson, Anne Skalicky, Neil Stehr, Jen Berg, Marge Majerus, Shawn Frederixon, Gabe Ryan, Ryan Zorn, Beth Carlson, Chuck Havrilla, Randy Nardinger, Amy Feely, Alan Gadien, Wilma Seither, Susan Brown, Jocelyn O'Reilly, Marci Dillworth, Bjorn Otterness, George ZanMiller and John McCabe, Jr.

Holy Trinity is dedicated to protecting children and vulnerable adults. Volunteers serving with minors and vulnerable adults must complete requirements before engaging in ministry. Contact, Zach Siebenaler parish Safe Environment Coordinator, at: [holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com).

### *The Holy Father's Prayer Intention for January 2026:*

#### **For Prayer with the Word of God**

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

### Calendar/Events

Sat., Jan. 31	HT	4:45-5:20PM	Sacrament of Confession
Sun., Feb. 1	SM	8:20-8:40AM	Sacrament of Confession
Mon., Feb. 2	HT	6:30-9:00 PM	Eucharistic Adoration
Tues., Feb. 3	precinct	7:00PM	Call MCCL to find out more: 612-825-6831
Wed., Feb. 4	HT	9:00AM -2:00 PM	Eucharistic Adoration
Wed., Feb. 4	HT	2:15-3:30PM	Faith Formation grades 1st-6th
Wed., Feb. 4	HT	7:25-8:35PM	Faith Formation grades 7th-9th
Thur., Feb. 5	SC	8:00-8:45AM	Adoration/Confession (9:00AM Mass)
1st Fri., Feb. 6	HT	7:00-7:45PM	Adoration/Confession (8:00PM Mass)
1st Sat., Feb. 7	SC	8:00-8:45AM	Adoration/Confession (9:00AM Mass)
Sat. Feb. 7	HT	9:00-11:00AM	1st Confession Workshop

**Holy Trinity Church (HT) Collection:**  
1/31/26: \$885.00

**St. Columbkill Church (SC) Collection:**  
2/1/26: \$711.00

**St. Mary Church (SM) Collection:**  
2/1/26 \$437.00

Weekend Ministry Schedule			
Church	Role	Jan. 31/Feb. 1	Feb. 7/8
HT: Saturday 5:30PM Jan. 31 & Feb. 7	Musician	Cindy Eppen	Eileen Frischmon
	Cantor	Laural Seither	Michelle Matthees
	Lector	Kyla Nardinger	Leeta O'Reilly
	Servers	Ellie Nardinger	Aubriel, Oleana, Stuart O'Reilly
	Ushers	Mike Zorn	Mike Zorn
SM: Sunday 8:45am Feb. 1 & Feb. 8	Musician	Wanda Schafer	Wanda Schafer
	Cantor	Taylor Dowden	Cathy O'Reilly
	Lector	Patricia Mensink	John Huneke
	Servers	Danny Keller, Derek Stehr, Isaac Ryan	Henry, Noah and Maya Keller
	Ushers	Todd Majerus, Dominic Frazier	Ted Keller, Jeremy Keller
SC: Sunday 10:30am Feb. 1 & Feb. 8	Musician	Cindy Eppen	Cindy Eppen
	Cantor	Denise Voth	Shelly Jacobson
	Lector	Barb Lexvold	Pam Altendorf
	Servers	Jay Roschen, Caleb Schofield	Patrick, Francis, Phillip and Michael O'Reilly
	Ushers	Bruce McNamara	Chris and JJ O'Reilly

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*Pray to  
end abortion*



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Hi, Jeremy Keller here, parishioner at Church of St. Mary. I am getting married in April and want to buy a home somewhere near Bellechester. Please call me if you know of any home for sale - THANKS! (507)923-5838

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could be here!*  
Email:  
[holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com)

Please support and pray for  
our Sunday Bulletin sponsors.

Save the Date: **Mardi Gras, Sunday February 15, 12 Noon - 3:00 PM at Lions Building, Goodhue. Fundraiser for Holy Trinity Parish Faith Formation.**

**+Mardi Gras/American Cuisine Free will offering;**

**+Accelerated Corn Holy Toss, \$10.00 for 10 tosses: 1st Prize - \$200.00, 2nd Prize - \$150.00, 3rd Prize - \$100.00**

**+Free Children games and mask/face painting!**

**+Silent Auction/Themed Baskets**

**+And much more!!!**

**+Bring your Friends and Family!!**



Hello, we are looking for a home to rent or  
buy near Bellechester or surrounding area  
this spring! Jeremy is a member of the Church of  
St. Mary. Jeremy and Emma are getting married in  
April. Please call Jeremy at 507-923-5838