

# Holy Trinity Parish

**First Sunday of Lent, February 22, 2026**

Fr. Thomas McCabe, Pastor [frmccabe@bevcomm.net](mailto:frmccabe@bevcomm.net)

Deacon Mick Humbert [mhumbee@comcast.net](mailto:mhumbee@comcast.net)

Zachary Siebenaler, Faith Form. Assistant/Bookkeeper/Safe Environment Coordinator  
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**Website:** [www.holytrinitygoodhue.org](http://www.holytrinitygoodhue.org)

**\*Office Hours:** Mondays 2:30-5:30pm HT.

**Building use request:** Call the office.

**Confession:** Sat. 4:45-5:20pm at Holy Trinity, Sun. 8:20am at St. Mary, or by appointment.

**Baptism:** Call at least 3 months before the birth to attend a class and set a date.

**First Penance/Eucharist:** Register for 1<sup>st</sup> grade catechism classes in preparation.

**Confirmation:** Register as soon as possible in the fall since there are requirements including weekly Mass attendance.

**Marriage:** Please call Father McCabe at least nine months prior to tentative date.

**Anointing of the Sick:** Contact the office especially if serious illness, near death or upcoming major surgery.

**Pastoral Care of the Sick:** If you move to a nursing home/care facility, would like a priest to visit, or are unable to attend Mass and would like Communion at home, contact the office.

**Funerals:** Contact the office.

**Mass Intentions:** Mail to the office or place in collection. (\$10/Mass suggested.)

**Bulletin Items:** Email to [holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com) by Tuesday noon. The business office reserves the right to edit.

**Trustees:**

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Ed McNamara (treasurer) 651-923-4777

**Finance Council Chair:**

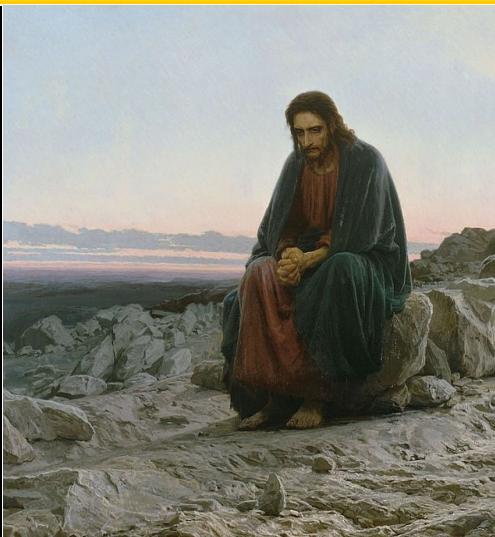
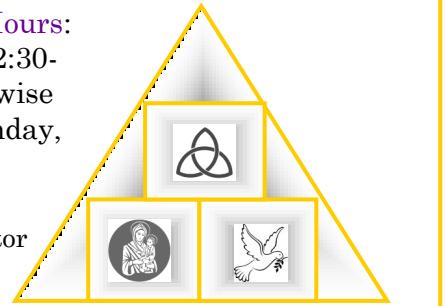
Mike Zorn 651-258-4165

**Pastoral Council Chair:**

Jake Letsinger (763) 486-7418

**\*New Parish Office Hours:**

Generally Mondays, 2:30-5:30pm, unless otherwise noted, beginning Monday, Feb. 23, 2026.



Then Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry. The Tempter approached and said, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: 'One does not live by bread alone, but by every word that comes forth from the mouth of God.'" (See Mt 4:1-5)

HOLY MASS SCHEDULE					READINGS
Sat.	5:30PM	HT	Feb. 21	Parishioners	(Vigil Mass - readings below)
1st Sun. Lent	8:45AM	SM	Feb. 22	+Greg Poncelet	Vigil/Sunday, Gn 2:7-9, 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19; Mt 4:1-11
	10:30AM	SC		+Mike Augustine	
Mon.	8:00AM	SM	Feb. 23	+Bernard Goihl	Lv 19:1-2, 11-18; Ps 19:8-10, 15 Mt 25:31-46
Tue.	8:00AM	HT	Feb. 24	+Names in Red Memorial Book	Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wed.	8:00 AM	HT	Feb. 25	+Fr. Robert T. Monaghan	Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
Thurs	9:00AM	SC	Feb. 26	Fr. Thomas McCabe	Est C: 12, 15-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
Fri.			Feb. 27		Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
Sat.			Feb. 28		(AM Mass readings) Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
	5:30PM	HT		+Firmin and Rosanne Goebel	(Vigil Mass readings below)
2nd Sun. Lent	8:45AM	SM	March 1	Parishioners	Vigil/Sunday, Gn 12:1-4a, Ps 33:4-5, 18-20, 22; 2 Tm 1:8b-10; Mt 17:1-9
	10:30AM	SC		+John Altendorf	

**Mission:** *We grow together in Christ.*

**Welcome to our Parish Churches!**



**Holy Trinity Church (HT)**  
211 4th Street North  
Goodhue, MN 55027



**St. Columbkill Church (SC)**  
36483 County 47 Boulevard  
Goodhue, MN 55027



**St. Mary Church (SM)**  
221 Chester Avenue  
Bellechester, MN 55027

## From Father McCabe



You may have heard of the principle in team sports, "The best defense is a great offense." It is also true that as Christians we need to go on the offense against the evil in the world. But like any sports team, they practice, practice, and practice again, sometimes 2 hours a day 4 x a week in order to have a good team, a good offense that can win the contest.

During 40 days of Lent we follow Jesus Christ into the desert guided by his Mystical Body the Church, and led by the Holy Spirit. In this spiritual desert with Christ, we learn to confront and overcome temptations that arise from our three opponents: our broken lives, the devil and the world that misrepresents good things, like the Bible, to confuse people into sinning.

To go on offense against the evil within us, we are called to fast. Jesus shows us that fasting helps us put our free will into God's will, and thus grow in overcoming the temptations of the flesh and our tainted human spirit. This takes a prayerful attitude, something like, "God, with your grace I choose you over this other thing, I choose you over this evil thought or bad attitude, because I know you are the ultimate good in my life. You are the true goal of my life."

We call this "Keeping your eyes on the prize." Any member of a sporting team might tell you that they do not necessarily like all the practicing, but when they grow strong and help the team win the game, it is well worth it. Of course, if they take steroids or cheat in the game, their winning means nothing to God, nor to their inner most conscience. If they break the rules they may be penalized, but sometimes they are not caught and rarely are they ejected from the game. Yet, the spiritual life is more than a game. Our opponent is the devil and he does not want us overcome our sins and temptations to make it to heaven, rather, he wants us to be enslaved by him in hell for all eternity. That's why Jesus said, "If you love me you will keep my commandments," (Jn. 14:15-31) for the Ten Commandments of God are not mere suggestions, but are the fundamental rules of attaining heaven. And we read further in the Bible, "Loving God means keeping his commandments." (1 Jn 5:3-4) If we keep nine of the Ten Commandments, are we winning or losing? If I live all the Commandments well, except I do not try to overcome using God's name in vain, am I going to have the strength to attain heaven? No, and in fact, when we do not repent it weakens the whole team, especially those closest to us.

Again, the spiritual life is not a game, but people sometimes put sports ahead of God, ahead of their family, ahead of school. The coach of college football with the most wins ever is John Gagliardi, whose last coaching stint was at St. John University, Collegeville, Mn. If you wanted to play football on his team I heard that he would tell his team members that they had to have their priorities straight. Number one priority is God, then family, then academics and then football. No wonder he won four national championships. Just as the devil tempted Jesus with fame, power and fortune, he will tempt us, but here's the catch, you have to become obsessed with them and that means God becomes second in your life. That's why Jesus quotes from the Bible once again to defend himself saying, "You shall worship the

Lord your God, and him alone shall you serve." (Mt. 4:10b) Coming to Mass serves to glorify God and sanctifies those praying with a humble, grateful heart. It is the best offense we have during Lent. Some of you have already decided to come to Mass as much as you can over the weekdays and for that I applaud you since Mass is the highest form of prayer, and when you are able to receive Jesus Christ worthily in the Eucharist, that is all the more reason to celebrate.

That last temptation in today's Gospel is when the devil asks Jesus to perform a sensational miracle by throwing himself down from a mountain and then letting his angels catch him. And then the devil does something very deceptive here for he quotes the Bible to try to convince Jesus to do this.

Let that sink in for a moment, the devil quotes from the word of God, the Sacred Scripture, the Holy Bible, and tries to convince Jesus to sin. That is perverse, for the Bible should only be used with Sacred Tradition to increase the true faith, which is guarded by the Catholic Church of which Jesus is the divine head and guardian. Yet, there are many who intentionally or unintentionally use the Bible in a way that is contrary to Jesus Christ and his ways of holiness.

Jesus Christ shows us that to go on offense through our fasting, prayers and almsgiving is how to help overcome evil in the world, but we also need to know how to love God above all things, and our neighbor as ourself by doing good works of passing on the faith, consoling those who suffer, counseling the doubtful, as well as living out the other spiritual and corporeal works of mercy. We have to embody our faith!

That is why before the Gospel is read we pray the Gospel acclamation which quotes Jesus, "One does not live on bread alone, but on every word that comes forth from the mouth of God."

(Mt. 4:4) Jesus is the Word of God, and when we receive the Holy Eucharist worthily to sanctify our soul and our good works, then we are doing our best at winning salvation for ourselves, our family, and indeed the whole human race.

Peace in Christ, Fr. Thomas McCabe

**Respect Life and the gift of Love:** The month of February has traditionally been dedicated to the Holy Family who provide for us a model of marriage and family life. Mary and Joseph perfectly witness to the gift of new life, welcoming the infant Jesus amidst difficult and challenging circumstances. God designed the love of husband and wife to be so complete, so ordered to a lifetime of communion with Himself and each other, that it is open to creating a new human being whom they will love and care for together. Part of God's gift to husband and wife is cooperation with His creative power. In participating in this "great mystery" of love that is total, faithful, and fruitful, married couples become a sign of love between Christ and his Church (Eph.5:32). Couples who cannot bear children still share in this cooperation. As St. John Paul II affirmed to such couples, "you are no less loved by God; your love for each other is complete and fruitful when it is open to others." (USCCB Secretariat of Pro-Life Activities)

And Jesus said... "Whoever has my Commandments and observes them is the one who loves Me. And whoever loves Me will be loved by My Father, ad I will love him and reveal Myself to him." -John 14:21

## News/Events    New Office Hours, generally Mondays, 2:30-5:30 PM

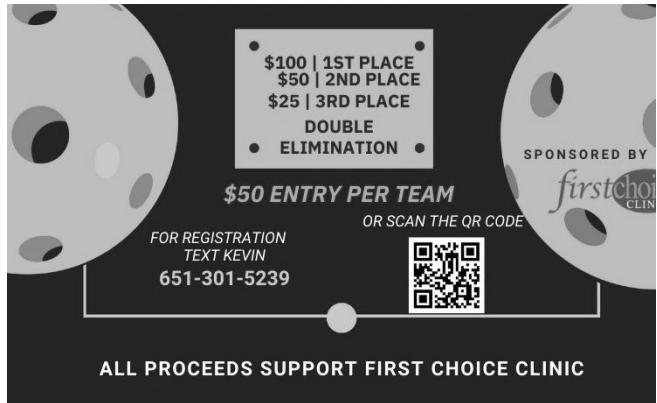
**MARRIAGE RETREAT:** Worldwide Marriage Encounter Retreat is an enrichment for married couples who desire a richer, fuller life together. Please join us at Our Lady of Grace Parish in Edina for a 2-day Weekend Retreat - March 7-8, 2026. Go home Saturday evening and return Sunday morning. Take time to connect with your spouse, work through common themes together and renew your marriage. To apply or for info: call 612-334-7440 or WWME.org.

**Goodhue Lions Spring Brunch:** Sun., March 1, 8:30-12:30PM: French toast, Sausage, Bacon, Huettl's Gritwurst, Eggs and Beverages: Adults - \$13, Children 6-12 - \$7.00, Children under 5 - Free. Bloody Mary's - \$6.00, Mimosa's - \$5.00.

**2026 MEN'S CONFERENCE:** Sat., March 21, Church of St. Elizabeth Ann Seton, 20235 15th St. W, Hastings, MN 55033, with renowned speaker Doug Barry. 7AM doors open: Registration and Confession offered, 8AM Mass with Archbishop Hebda, and bishops Izen and Kenney, 9-12:30PM Conference and Holy Hour. Cost: Adult indiv. \$30, early-bird \$25 until Feb. 22, Youth 14-17, \$10 which includes coffee, breakfast sandwich & snacks. Online registration closes March 17 - [ode@archspm.org](mailto:ode@archspm.org) or [archspm.org/events](http://archspm.org/events), or call 651-291-4488.

**Quilters Invited:** join other quilters on Thursdays, 9:00-11:00AM at Holy Trinity. Please enter through the door nearest the school, east side of Holy Trinity Church. Thank you to those who have anonymously provided materials!

**Pickleball Tournament:** Saturday, March 7, 9AM at Goodhue School, registration begins at 8:30AM. All levels of Experience Welcome. See details and check out QR code below:



**Please pray for:** Bob Eppen, Margaret Wagner, Ann Merry, Ed Heppelmann, Ray & Gloria Poncelet, Dave Buck, Scott Cyert, Jerry Joe Majerus, Louise Heppelmann, Brent Hokanson, Anne Skalicky, Neil Stehr, Jen Berg, Marge Majerus, Shawn Frederixon, Gabe Ryan, Ryan Zorn, Beth Carlson, Chuck Havrilla, Randy Nardinger, Amy Feely, Alan Gradient, Wilma Seither, Susan Brown, Jocelyn O'Reilly, Marci Dillworth, Bjorn Otterness, George ZanMiller, Dave Huneke, Paul Ryan, and David Seither.



### Behold the Lamb of God!

*Adoration of the Blessed Sacrament: Mondays at St. Mary from 6:30-9:00PM, Wednesdays at Holy Trinity from 9:00AM-2:00PM, and Thursdays at St. Columbkill from 8:00AM-9:00AM (unless otherwise noted). Spend some time with Jesus!*

Holy Trinity is dedicated to protecting children and vulnerable adults. Volunteers serving with minors and vulnerable adults must complete requirements before engaging in ministry. Contact, Zach Siebenaler parish Safe Environment Coordinator, at: [holytrinitygoodhue@gmail.com](mailto:holytrinitygoodhue@gmail.com).

### Calendar/Events

Sat., 21	HT	4:45-5:20PM	Sacrament of Confession
Sun., Feb. 22	SM	8:20-8:40AM	Sacrament of Confession
Sun., Feb. 22	HT	6:30-9:00PM	Catholic Young Adult social/potluck/Prolife gathering
Mon., Feb. 23	SM	6:30-9:00 PM	Eucharistic Adoration
Mon., Feb. 23	HT	7:00-8:30 PM	Finance Council Meeting/ basement
Wed., Feb. 25	HT	2:15-3:30PM	Faith Form, grades 1st-6th
Wed. Feb. 25	HT	6:30-7:00PM	Stations of the Cross
Wed., Feb. 25	HT	7:25-8:35PM	Faith Form. grades 7th-9th
Thrs. Feb. 26	SC	8:00-8:45AM	Eucharistic Adoration/Conf. (Mass 9:00AM)
Fri., Feb. 27	HT	10AM-2:00PM	Annual Church Cleaning
Fri., Feb. 27	SM	8:00-8:30PM	Stations of the Cross
Sat., Feb. 28	HT	8AM-2:00PM	Annual Church Cleaning
Sat., Feb. 28	HT	4:45-5:20PM	Sacrament of Confession
Sun., March 1	SC	8:20-8:40AM	Sacrament of Confession

*The Holy Father's Prayer Intention for February 2026:*

For children suffering from incurable diseases and their families to receive the necessary medical care and support their need, never losing strength and hope.

### Holy Trinity Church

#### (HT) Collection:

2/14/26: \$792.00

### St. Columbkill Church

#### (SC) Collection:

2/15/26: \$688.00

### St. Mary Church

#### (SM) Collection:

2/15/26 \$2,688.00

### Weekend Ministry Schedule

Church	Role	Feb. 21/22	Feb. 28/March 1
HT: Saturday 5:30PM Feb. 21 & Feb. 28	Musician	Kim Cory	Cindy Eppen
	Cantor	Kim Cory	Laural Seither
	Lector	Bjorn Otterness	Karen Albers
	Servers	Corbin Jaeger	Aubriel, Oleana, Stuart O'Reilly
	Ushers	Mike Zorn	Mike Zorn
	Musician	Wanda Schafer	Wanda Schafer
SM: Sunday 8:45am Feb. 22 & March 1	Cantor	Cathy O'Reilly	Taylor Dowden
	Lector	Mary Majerus	Jeremy Keller
	Servers	Henry, Noah and Maya Keller	Isaac Ryan, Danny Keller
	Ushers	Stephen Miller, Ray Keller	Steve Welscher, Jake Letsinger
	Musician	Cindy Eppen	Cindy Eppen
	Cantor	Joel Hernke	Shannon Dicke
SC: Sunday 10:30am Feb. 22 & March 1	Lector	Michael Poncelet	Barb Lexvold
	Servers	Jay and Eli Roschen	Patrick, Francis, Phillip, Michael O'Reilly
	Ushers	Chris and JJ O'Reilly	Bruce McNamara

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*Pray to  
end abortion*




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2. Enter your parish zip code or name  
(Holy Trinity Parish 211 N 4th St. Goodhue MN 55027)



Hi, Jeremy Keller here, parishioner at Church of St. Mary. I am getting married in April and want to buy a home somewhere near Bellechester. Please call me if you know of any home for sale - THANKS! (507)923-5838

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Marie and Bruce McNamara with Michael O'Reilly and cousin at theme baskets.



**Some winners at the HT Parish Mardi Gras Accelerated Corn Hole Toss competition, 2026.**

**1st, \$200: Ryan Paukert** (8/10 in 22.54 seconds)

Alyssa (Ryan) Paukert receiving prize money for him.

**2nd, \$150: Micah Huneke** (6/10 in 19.25 seconds)

**3rd, \$100: Alyse Yoth** (not pictured, 6/10 in 24.93 seconds)



Ted Keller,  
Maria McNamara's mother  
and sister, with  
Blair McNamara  
at the silent auction  
baskets.

We grossed  
\$3,910.00, but  
need to figure  
out expenses,  
and collect some  
silent auction  
money. **Thank  
you for your  
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support!!**



Mike Kennedy (who purchases advertisement space in our Sunday bulletin) and his wife Cathy, with Dave and Irene Gottwalt, college friends of Fr. McCabe, and sometimes cantors at special Masses.